

# Cathedral House Monthly

## June 2007



## The Greatest Summer on Earth— Our 2007 Summer Theme

### June Dates to Know:

**June 8 - First Splash Day—every Friday through August 24**

**June 14 & 28 - Arts Alive**

**June 15 - Dads and Donuts 7:00 am—9:00 am**

**July 4 - School Closed**

Have you ever thought about being in the circus? What act would you perform? Would you be the lion trainer, juggler, tight-rope walker, or clown? As we enter our Summer theme, we will begin to think about and “see” the circus from the inside and the outside. So step right up and enjoy our three ring show. In the first ring

(June) Under the Big Top. What are the tastes and smells at the circus? In ring number two (July) Clown School, and finally in ring three (August), Everyone is a Star. Who will be the trapeze artist or horse trainer? Join us as we explore the Greatest Summer on Earth!



This year Mr. Casey will offer Vacation Bible School for the children in Primary and Kindergarten. It will be held during the mornings of July 23 - July 26. For parents wanting to enroll their children, sign up sheets and information on the theme will be available by the first of July.

*“And so we discovered that education is not something which the teacher does, but that it is a natural process which develops spontaneously in the human being.” Maria Montessori*

# Splash Day

Every Friday beginning June 8th and ending August 24th there will be splashing and bathing suit fun on the playground. Please note the following:

Class Times:  
Movement I—9:00  
Movement II—9:30  
Toddler I—10:00  
Toddler II—10:30  
Primary I—11:30  
Primary II—12:00  
Kindergarten—11:00

Join your child for some fun in the sun!

Supplies Needed:

- Towel
- Sunscreen (works best if applied at home)
- Water Shoes (no flip flops)
- Hat

- Clothes to change into after Splash

Please label all items with your child's name.

Helpful Hints:

Please send your child to school dressed in their swimsuits and cover-up.

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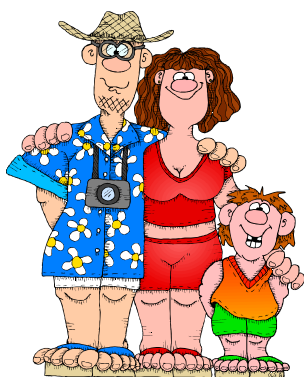
## Dads and Donuts

On Friday June 15th, we will honor our Dads, Grandpas, and other significant men in our children's lives. Join us for donuts, fruit, cereal, etc. as we have our annual Dads and Donuts breakfast.

Date: June 15, 2005 Time: 7:00—9:00 am

Place: Your child's classroom

Parking is on your own or in the Cathedral Garage on San Jacinto (bring in your ticket for validation). Please leave the spaces in front of the school open for those not staying.



## Vacation Time is Here

It is always helpful in the teacher's planning to know if children will be absent. Please let your child's teachers know if you will be taking a vacation or even just a long weekend. Plus, we really do miss the children when they are out and like to know they are having fun!

Watch for posting on the classroom doors for teacher's vacations.



## Ask the Experts

### What kind of sunscreen is best for toddlers?

Last updated: May 2006

By Patricia Treadwell, pediatric dermatologist

**Question:** What kind of sunscreen is best for toddlers?

**Answer:** I recommend choosing a "physical" or "chemical-free" sunscreen made with zinc oxide or titanium dioxide — look for one of those ingredients on the label. Unlike chemical sunscreens, which may cause irritation or allergic reactions because the skin absorbs the active ingredients, zinc oxide and titanium dioxide sit on top of the skin, forming a barrier against the sun's rays.

There's no evidence chemical sunscreens are dangerous or toxic, but we just don't know enough yet about how young children react to the ingredients. Also, sunblocks with zinc oxide or titanium dioxide start protecting as soon as you put them on, whereas chemical products need to be slathered on 30 minutes in advance so the skin has time to absorb them.

If you do use a chemical-based sunscreen, do a patch test first to make sure your child won't have a reaction to it. Apply a small amount to her inner upper arm. If she develops a rash or redness at the site by the next day, choose another formula instead. Also make sure any chemical sunscreen you use is labeled "PABA-free." PABA was once widely used in sunscreens but now has been linked with skin irritation.

You may have heard you should look for a "broad-spectrum" product that protects against both UVA and UVB rays. Any sunscreen that contains the physical blocker zinc oxide or titanium dioxide will do this.

The sun protection factor (SPF) should be at least 15, but you generally don't need to go above 30: Higher than that and you're getting smaller and smaller amounts of added protection — which, in a chemical sunscreen, means a higher dose of unwanted chemicals. It's fine to use a "children's" sunscreen, but don't go out of your way to buy one of these since they're usually no different from the adult versions.

When putting sunscreen on your toddler, lay it on thick, making sure every part of her body gets a good coating. Pay special attention to burn-prone areas like the ears, nose, back of the neck, and shoulders. Some sunscreens are a bright tint when you apply them and then fade to clear in a few minutes, making it easier to tell if you're covering every inch of your child's vulnerable skin.

Reapply sunscreen often. Waterproof sunscreens may be slightly harder than other products, but don't trust a label that promises to protect for eight hours. That's only if your child stays perfectly still for the rest of the day! In the real world she'll need more sunscreen every two hours or every time she gets wet or is dried off with a towel.

(Note that sunscreen, whether it's based on chemicals or on ingredients that physically block the sun, may instead be called "sunblock" on the label. The terms are used interchangeably by manufacturers.)



# As our travels end:

## Nursery I:

This month we will continue to be amazed by the Summer activities. Going outside a bit more, blowing bubbles, and watching the older children through the window all become fun Summer time rituals. Our sitting, scooting and crawling friends are moving on to Nursery II and all the fun that room has in store for them. Help us congratulate Rhys Palmer, Georgia Sperandio, and Ryan Stinneford as they make their first classroom graduation. With them moving on, we welcome Brendan Storey, Catherine Pfeiffer, John Van Arsdel (Katie's baby brother), Julian Nguyen (Catherine's baby brother), and a belated welcome to Annalise Bash. What a fantastic Summer we have to look forward to. Please bring a hat for your baby to wear during buggy rides.

## Nursery II:

We would like to begin by welcoming Katerina Lowy and her family to Cathedral House. We are excited to have them join our school family. Summer is here and we are getting ready for fun! Friends are moving in and out and celebrating first birthdays. Our summer theme is *The Greatest Summer on Earth*. We will introduce new baby signs to go along with the theme (elephant, giraffe, horse, and monkey). Each week throughout the month we will introduce a new sign, copies will be sent home for mummies and daddies too. Please be sure to send sunscreen and a hat for the Summer to protect our babies from the sun.

## Movement I:

Can you believe that it is Summer time already? For Movement I, that means it's time to put on our bathing suits and get out for some fun in the sun. We will enjoy our Friday mornings by splashing just like the big kids. So parents, remember to make sure that your child has everything they need to make their first Splash Day complete. Not only are we happy to welcome the warm weather, we are also excited to welcome three new friends, help us greet Elizabeth Black, Hazel Britton-Dansby and Sam Sepulveda. And finally, let's give a BIG way-to-go to John, he is now an official "walker"!

## Movement II:

This month we traveled to Australia where we called our friends "mates" and hopped like kangaroos. We used our thumbprints to decorate trinket boxes for our mummies Mother's Day gift. Two of our friends celebrated their second birthday, Brynn and Meagan, we had fun celebrating with them. Sometimes turning 2 means other things too, like you are ready to graduate to Toddler I. Brynn, Meagan, and Mercedes all began the process of graduating to Ms. Patricia's class. We will miss them. When friends leave, new friends join, welcome to Emily and Cate. We hope you feel right at home in Movement II. Please don't forget to bring a white t-shirt to wear on Fridays.

## Toddler I:

We are glad to be home after our long journey around the world. This past month we visited Australia. At times we were jumping like kangaroos. We read many books that helped to enrich our vocabulary. Have you noticed how much more talking is going on in Toddler I? As we begin our Summer of fun, we say good-bye to 3 friends that will be joining Toddler II. Ryan Ferns, Anthony Foti, and Katie Van Arsdel will all be spending the Summer with Toddler II. Even though we will miss them, growth is always good. We are ready to begin the *Greatest Summer on Earth*! We may even have a class circus too much fun! Note: Please no sandals for splash day, the children tend to trip.

# As our travels end:

## Primary I:

G'day Mates! We have been learning about and exploring the continent of Australia. Did you know that Australia is the only continent that is an island? Swimming in the Great Barrier Reef and seeing all the sea life was a blast. We saw lots of Nemos! We also learned that the sea animals create partnerships to survive in the coral reef helping each other. Like the sharks and remora fish, the remora feed off the tiny fish the live on the sharks body. We traveled through the bush and outback seeing lots of wild life. Our favorite animal was the kangaroo. Did you know that there are more kangaroos in Australia than people? Kangaroos are mammals just like us but they are a special kind of mammal called marsupial. We also visited the Aborigines who showed us how to paint just like them. We are bringing home our paintings. Well it's time for us to pack, since our trip around the world is finished. See you soon!

## Toddler II:

G'day Mates, our trip through "Oz" (Australia) was awesome. The children enjoyed putting on their snorkel gear and swimming through the Great Barrier Reef. We then took a "walk about" (a long rambling trip) through parts of the outback. Did you know that today more than 500,000 camels roam Australia's deserts? We learned about Australia's unique wild-life and saw kangaroos (boomers), koalas, wombats, dingos, platypuses, and Tasmanian devils. But the trip would not be complete until we visited the Aboriginal people. We created art, saw pictures and even painted ourselves as Aborigines. We hope you had as much fun as we did traveling the globe. Summer theme: The Greatest Summer on Earth

## Primary II:

Well, our journey has come to an end but what fun we had getting here! Australia's coral reef is a world of it's own with so many sea creatures to see. We enjoyed diving into the great blue waters seeing the clown fish swim around and being very careful not to disturb the coral reef. It's one of Australia's great treasures. From enjoying the wet of the ocean we then moved onto the dry outback. We enjoyed seeing Ayers Rock, what a BIG rock! Out of respect for the Aborigines we did not climb Ayers Rock. We did get to see a few "dream" drawings done by the Aborigines hundreds of years ago. While in the outback we were able to see many of the animals that inhabit the land. Koalas, wombats and kangaroos were a few of the marsupials we had seen. The platypus was one of the strangest creatures we have ever seen, it is all mixed up. It looks like a duck and a beaver combined! Amazing! We'll be home soon to begin our next BIG adventure.

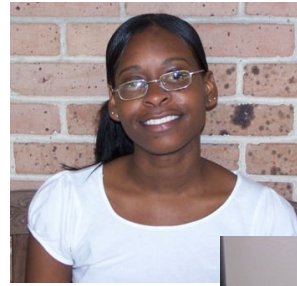
## Kindergarten:

The month of May was filled with a lot of excitement. We started the month by celebrating our mothers and grandmothers. Moms and Muffins is just one small way for us to show how special you all are. Next was Kindergarten Graduation. This is an emotional event for all of us. It seems like yesterday all these 5 year olds started as infants and now they are moving on to bigger things. A HUGE thank you to the Disch family for hosting a graduation party at their home. What a fun way to celebrate all these children and their accomplishments. Kindergarten were surprise to have a mini field trip. We walked to the corner of San Jacinto and Texas to see an African Elephant. She was filming a commercial in Houston to be aired in Germany. Seeing an elephant so close to school was a treat. At the end of May we said good bye to Mecca Thompson and Will Georgsson. We will miss them very much. Rejoining us for the Summer will be Nathan Shu and McKenna Grabowski and moving to Kindergarten will be Rahul Rupani, Dominic Wooldridge and Ian Stinneford. We welcome them all with open arms.

# During



...we sang Happy Birthday and ate yummy cake...



...welcomed Opal Roper and Nelma Harrison to our faculty...



...watched our Kindergarten Class graduate...



...were honored by the parents with a special luncheon and gifts....



...saw an elephant filming a German cell phone commercial...



...and surprised Ms. Melanie with a wedding shower. She is now Mrs. Melanie Booker.

# Blowing Candles out in June

Scott Cricks - June 8th - 4 years old

Mason Swagerty - June 8th - 2 years old

Julia Rae - June 9th - 4 years old

Olivia Fiederlein - June 13th - 3 years old

Oliver Seitchik - June 15th - 1 year old

Elizabeth Black - June 21st - 1 year old

Charlie White - June 29th - 1 year old

Ben Morris - June 30th - 6 years old

## Others Celebrating in June

Ms. Karen G. - June 19th - Administration

Ms. Monique - June 25th - Primary II

Ms. Vicky - June 28th - Nursery I

