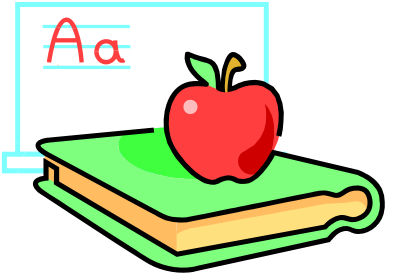


August News

2009



Playground Capital
Campaign Kicks Off!
Wednesday August 5th,
5-7 PM
Cloister Dining Area
Parking in the Cathedral Garage

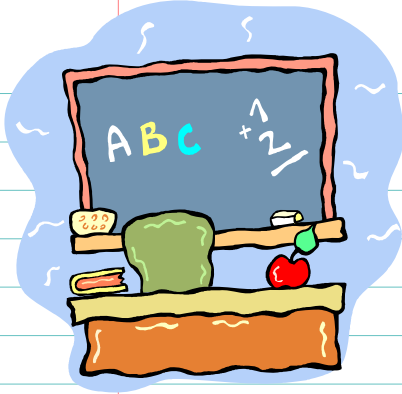
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All CHES parents, extended families, children, teachers, friends, and alumni are invited to the **Playground Campaign Kick-Off Dinner**. Join us for complimentary dinner and drinks with your family *Wednesday, August 5th at 5 PM*. Hear about our plans for the new playground, and find out what you can do to help make it happen! We will share exciting donor recognition opportunities, and we will unveil an art display that will be mounted in the playground to recognize the many generous donations made to the Playground Fund.

Administrative News



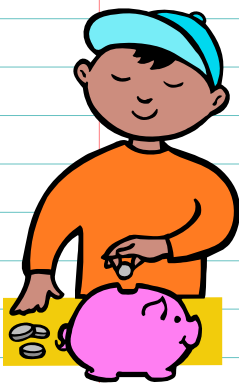
A warm welcome...

Please join us in welcoming our new Assistant Director of Operations, Ms. Swaroop Dabhi.

Swaroop is a certified Montessori teacher and is

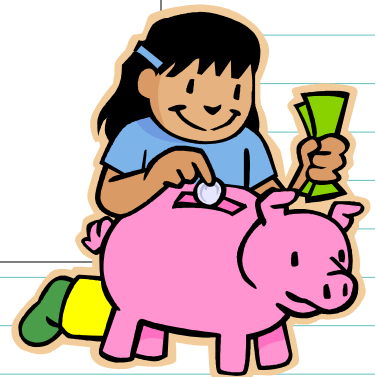


familiar with managing a quality program. She brings a wealth of experience and love of teaching and of family. (She is Ms. Sindhu's sister, who interned in Primary this past year) Swaroop will join our faculty on Monday, August 3rd. Please feel free to stop her and say hello. We look forward to making her feel a part of our family!



Pennies for Playground Competition

The month of August will also see the kick off of our Pennies for Playground competition. Each class will have a container to put loose change in, and at the end of the month, the class that has collected the most money will win an ice cream party!!



August news

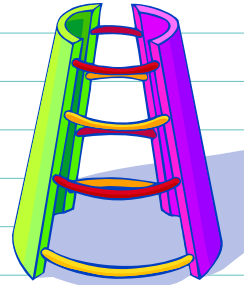
Please help us keep you connected by supplying us with current email, home and work information.



Visualize a new playground...

Check out the board in the school lobby to better visualize the new playground and to see a rendition and pictures of a playground similar to what we have planned for CHES. FAQ's are up at <http://www.discoverches.org/events/cathedral.house.playground.campaign.php>.

You will find plenty of great information, including links to see the equipment planned for the playground.



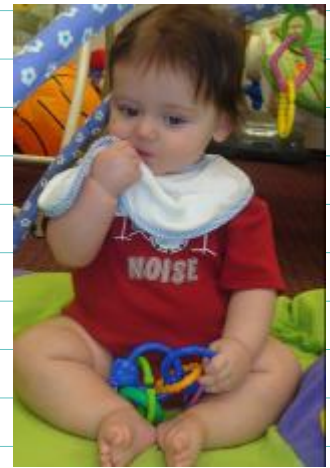
A fond farewell...

Ms. Alicia Gonzalez will be leaving Texas this month. She will be moving to Virginia to be closer to her daughter and grand child. We have treasured the years of love and dedication she has given to Cathedral House and wish her the best as she prepares for this move. Her



last day will be Friday, August 14th so don't hesitate to visit Nursery II to say good bye!

Nursery Department News

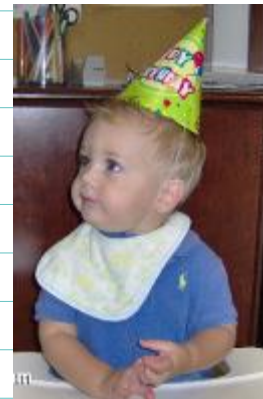


Nursery I News

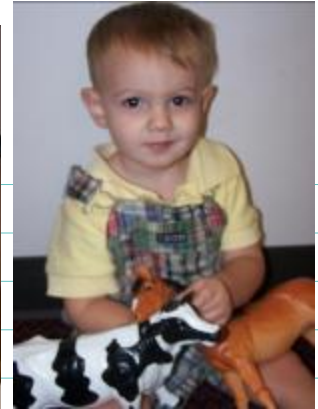
August is coming around, and our babies have learned a lot! Sawyer and Owen, who are the newest to join our Nursery I family, are beginning to recognize who their teachers are, and they give big smiles to show that they are enjoying their classroom. Logan is enjoying looking at his hands and starting to grasp for the hanging rings on the baby jungle gym. Amelia and Sophia, still our only two girls, are so huggable! Sophia is learning to roll over, and Amelia enjoys being in the exersaucer. Carter loves to laugh, especially when one of his teachers is trying to help him fall asleep– he thinks it's funny! Hudson is sitting up, and he also loves dancing and standing while one of the teachers holds his little hands. Jacob is holding his own bottle and always seems to be happy– he smiles a lot! Colton is also sitting up and loves playing with friends during floor time. Noah, our laid-back, easy-going guy, rolls around and plays well with his friends. He and Sophia are great futon neighbors– they try to grab each other's blankets! All of our babies are growing and changing so much– we can't wait to see what new things they all will be doing this month.

Nursery II News

Our Nursery II children have grown up so much this month! We celebrated lots of birthdays in July. Kelsey, Emmett, Ethan, Ellie, and Maren all turned one year old. In August, Brooke, Aubrey, and Merrick will turn one as well! All of the children have been busy moving around the classroom, and, as you can see, some of us are ready to move on to the next adventure in Movement !! We have been working on using gentle touches with our friends- see how Alex is patting his sleepy friend! Some of the children have even been practicing sharing and taking turns- see Kelsey and Emmett negotiating with the yellow ball. We are so proud of all our Nursery II babies!



Movement Department News



Movement I News

We've been learning lots of new things in MI. From working puzzles, stacking blocks, using a spoon, learning about farm animals, playing with dolls, learning to wash our hands, and then the most fun comes from climbing into things we shouldn't, as Caleb demonstrates here... Transition time always brings mixed emotions. Saying "goodbye" is never easy, but so much fun awaits in the next room! In July, we said "goodbye" to Emerson and Anna, the most recent graduates of MI. We give a great big "hello" to Kelsey and Maren as they enter our class. Guess who gets a big *high 5* for becoming the newest walker? Way to go Matthew for taking those first steps!



Movement II News



The children in Movement II have been working hard on their Montessori lessons this month. Charlotte is working on the pink tower; Genevieve is doing a "S, M, T" lesson; Trey and Jake C. are working on number puzzles; Emory is doing an animal puzzle; Jenna works on color matching with bean bags; Lincoln rolls his rug; Jane and Adelaide work on open/close lessons with nesting boxes, and Grace is sorting the bears by color.



Toddler Department News



Toddler I News

July was a busy month– we talked about cows, pigs, sheep, roosters, horses, ducks, and dogs. We also learned their names in Spanish, and the children are doing an incredible job remembering all these names. We thank all the parents for their input and for wanting to know the farm animal names in Spanish too! We hope you like these wonderful pictures of our children at work time. Some of our friends will soon be moving to Toddler II. We will miss them and wish them the best in their new adventure. We will continue with our farm theme for the month of August. We can't wait to find out which animal we will learn about next! The children are also learning the colors in English and Spanish– yellow (*amarillo*), red (*rojo*), and orange (*anaranjado*), and using their fine motor skills as they color. Check out our class mural!

Reminders:

- Show and tell is Thursday– remember our cubbies are small!
- Please remember the school policy of NO CROCS– this is for the children's safety.
- We know parents' schedules are busy, but please remember to fill out the daily communication sheet every morning. We work hard on filling them out during the day, and we feel that it is a great way for parents and teachers to share important information. Thanks for your help, and please let us know if you would like to see something else in these forms.





Toddler II News



Let's crack the case of the incredible, edible egg! What do you know about eggs? Well, Toddler II children know a lot! We found out that, not only are eggs edible, but that chicks hatch from them. We got to see the difference between a raw egg and a boiled egg, and learned the parts of the egg. We evaluated textures, shapes, smells, sizes, etc. We also had fun balancing the egg on a spoon while walking a straight line. After much discussion, we found out that most of the children preferred scrambled eggs over boiled, while some did not like eggs at all. Check out these Egg Nutritional Facts: One egg has 13 essential nutrients in varying amounts, including high quality protein, choline, folate, iron, and zinc, and has only 75 calories. Eggs can also play a role in weight management, muscle strength, healthy pregnancy, brain function, eye health, and more!

Primary News



The Primary class had a great time in July! As you can see, we had a blast at Vacation Bible School! This month, we would like to say a warm welcome to all the new friends who will be joining us in August! We will miss those friends who will be moving on to new adventures, and we would like to send our best wishes to our friends who will be moving upstairs to Kindergarten!





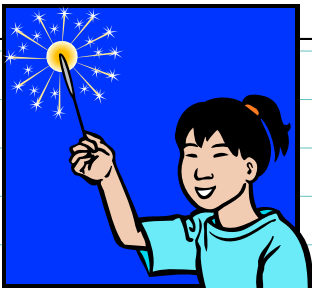
Kindergarten News

EXPLOSIONS of FUN occurred in the month of July. We enjoyed Vacation Bible School which was hosted by Ms. Lisa, Rev. Rhoda and Ms. Janet. These ladies did a fabulous job of entertaining us and teaching us very important lessons. A special "thank you" goes out to them from all of the Kindergarten people.



Kindergarten splash days are always popping with wet and wild fun. Just look at us!

Sparklers sparkled as we wished several friends well as they fired off for red, white and blue adventures. We wish Ryan Shu, Aidan Ganchan, Luke Summer, Charlie Maddux, Joseph Maddux and Ms. Myriam a wonderful transition!



Kindergarten welcomed Ethan, Ryan, and Partick in July, and we will welcome EJ, Parker, Sam, Max, Landon, Anthony, Nicholas, Tessa, and Alex in August! ***Parents: Please be checking your folders for information about Parent Orientation coming up at the end of August!***

Some of our Kindergarten students visited the Movement II class to share the Spanish they have learned. Ava presents a counting lesson; Charlie teaches the colors; Liam Reads "Old MacDonald"; Joe teaches a game with Trace; and Catherine presents an animal lesson, teaching the animal names. They did the whole thing in Spanish! Bravo!



August Birthdays

- August 1st**, Trace M. - 2 years old
August 3rd, Addison J. - 3 years old
August 6th, Brooke P. - 1 year old
 Charlotte H. - 3 years old
 Nicholas W. - 5 years old
August 14th, Maya M. - 3 years old
August 21st, Adelaide E. - 2 years old
 William W. - 6 years old
August 22nd, Charlotte D. - 2 years old
 O'Neal Harrison - 4 years old
August 25th, Danny N. - 4 years old
August 29th, Aubrey W. - 1 year old
August 30th, Merrick T. - 1 year old



Office Kevin Devine's Birthday, Monday, August 24th

Curriculum Corner



How can I help my child deal with change? Many parents may find themselves asking this question when it's time to start a new school year.

Predictability helps children feel secure, comfortable, and in control, so be sure to talk with your child about upcoming changes, like a new classroom, teacher, or school. Because most young children do not yet have an accurate sense of time, one to two weeks in advance is plenty of time to start these conversations. Be sure to mention the things that will be the same, as well as the things that will be different. *You will play on the playground with your new class too, but it will be after lunch instead of before.* Focus on the positive too. *Ms. Patricia will be your new teacher- remember how much fun you have when she comes to do Spanish class?*

Also, be prepared for regression and separation anxiety. Your independent two-year-old may all of a sudden get clingy. Your potty-trained three-year-old may start having accidents. The best thing you can do is to be patient and supportive; understand that this is a normal part of how young children manage change. When it's time for drop-off, say a brief, upbeat goodbye. Showing worry, lingering, or sneaking out sends your child the message that you don't feel good about leaving. Your child will look to you for cues, so be cheerful when you leave, reassuring him that he will have a great day! (And, rest assured, he will!)

